

# Softball Catching Clinic

**Hosted by professional Instructor Dana Degen.**

**Instructors Bio:**

**Graduated from University of Hawaii in 2000.**

3 time All-American, 4 time All-Western Athletic Conference (WAC) first team

4 time All-West Region, WAC Player of the Year, 2000

**Professional experience**

Played in the Women's Professional Softball League (WPSL), 2000. Selected as an All-star catcher.

Played in the National Pro Fastpitch (NPF), 2004. Selected again as an All-star catcher.

Currently plays professional softball in Italy in the Italian Softball League (ISL). 2001-2003, 2005-present. Two time league MVP, Gold Glove catcher, All-Star catcher, Triple Crown Winner.

**Assistant Coach University of Hawaii, 2005.**

**Hitting and Catching Instructor, 2003-present.**



**Great Players are Made In the OFFSEASON!**

**Clinic will be held at the LI Mariners Sports Academy in Bohemia.**

**Dates/Times**

**Saturdays 4 - 5pm.**

**8 weeks Starting Saturday January 16th.**

**Price is \$240 per/player (that's \$30/hr!!!)  
(Space is limited, so register early!)**

**This is a great opportunity to learn catching fundamentals from a Professional Softball Catcher. Don't miss out!**

**LONG ISLAND MARINERS  
Sports Academy**



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